

What is your skill level?



Use these statements to help you decide



Teach

- I can use this skill without having to think it through first.
- I can use this skill in unfamiliar situations without any help.

Do

- I can use this skill by myself in familiar situations.
- I don't need help to use this skill.



Copy

- I can copy someone using this skill.
- I can use this skill with some help.



Watch

- I watch someone demonstrate the skill.
- I need a lot of help to use this skill.

